

OVERALL FEMALE 5K RESULTS - TOP 3

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	24	3	India Lambert	MOUNT AIRY	NC	33	F	24:11	7:47
2.	55	3	Khadija Braddy	MOUNT AIRY	NC	26	F	25:53	8:20
3.	4	3	Jennifer Watson	MOUNT AIRY	NC	28	F	29:26	9:29

FEMALE AGE GROUP RESULTS  
 2011 Hills & Thrills 5K Run/Walk  
 Mount Airy, NC 10/29/2011 8:00 am Overcast, 38 degrees  
 Directed by: Teresa Jackson Smith  
 Sponsored by: ProHealth Fitness Center

FEMALE 5K AGE GROUP: 14 - 19

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	22	3	Samantha Jones	MOUNT AIRY	NC	19	F	33:50	10:54

FEMALE 5K AGE GROUP: 20 - 29

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	9	3	Rachelle Lowery	ARARAT	NC	27	F	29:47	9:36
2.	29	3	Ashley Collier	ARARAT	NC	25	F	29:48	9:36

FEMALE 5K AGE GROUP: 30 - 39

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	57	3	Tangie Badgett	MOUNT AIRY	NC	30	F	30:48	9:55
2.	53	3	Sarah Wild	ELKIN	NC	33	F	35:31	11:26
3.	26	3	Melinda Poole	LOWGAP	NC	37	F	36:56	11:54

FEMALE 5K AGE GROUP: 40 - 49

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	10	3	Annette Weddle	CANA	VA	45	F	29:59	9:39
2.	23	3	Gaye Jones	MOUNT AIRY	NC	44	F	39:11	12:37
3.	17	3	Karen Horton	MOUNT AIRY	NC	45	F	39:35	12:45

FEMALE 5K AGE GROUP: 50 - 59

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	27	3	Rita Horton	MOUNT AIRY	NC	55	F	36:46	11:50

FEMALE 5K AGE GROUP: 60 - 69

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	20	3	Judy Dowell	CANA	VA	62	F	49:35	15:58
2.	1	3	Patty Whitt	ARARAT	VA	69	F	49:37	15:59

FEMALE 5K AGE GROUP: 70 - 99 \*\* NONE \*\*