

2011 Pound Downtown 5K
Mount Airy, NC 04/16/2011 8:30 am Rainy, 62 degrees
Directed by: Eric Leathers
Sponsored by: Good Life Outfitters and Young Life of Surry County

FEMALE AGE GROUP RESULTS

OVERALL FEMALE 5K RESULTS - TOP 3

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	141	3	Ocean Tate	MOUNT AIRY	NC	21	F	22:59	7:24
2.	171	3	Dana Erickson	KING	NC	13	F	25:06	8:05
3.	199	3	Lynette Smith	MOUNT AIRY	NC	54	F	25:45	8:17

FEMALE 5K AGE GROUP: 1 - 13 ** NONE **

FEMALE 5K AGE GROUP: 14 - 19

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	185	3	Casey Lawson	FRIES	VA	18	F	26:09	8:25
2.	160	3	Sydney Bedsaul	MOUNT AIRY	NC	14	F	28:19	9:07
3.	231	3	Katelyn Houston	DOBSON	NC	19	F	29:09	9:23

FEMALE 5K AGE GROUP: 20 - 29

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	162	3	Tiffany Easter	MOUNT AIRY	NC	24	F	26:10	8:26
2.	206	3	Martha Arrington	ARARAT	NC	25	F	26:21	8:29
3.	176	3	Khadija Braddy	MOUNT AIRY	NC	26	F	26:38	8:35

FEMALE 5K AGE GROUP: 30 - 39

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	182	3	Kara Evans	LOWGAP	NC	30	F	27:06	8:44
2.	220	3	Nicole Kesler	LOWGAP	NC	37	F	30:07	9:42
3.	200	3	Meredith Stanley	GREENSBORO	NC	30	F	30:23	9:47

FEMALE 5K AGE GROUP: 40 - 49

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	193	3	Barbara Atwood	SPARTA	NC	48	F	27:24	8:49
2.	148	3	Kelly Williamson	MOUNT AIRY	NC	45	F	29:32	9:31
3.	166	3	Pam Lisk	MOUNT AIRY	NC	47	F	29:55	9:38

FEMALE 5K AGE GROUP: 50 - 59

Place	No.	C	NAME	City	St	Ag	S	FIVEK	Pace
1.	159	3	Diane Barnett	MOUNT AIRY	NC	55	F	27:59	9:01
2.	201	3	Paula Stanley	PILOT MTN	NC	57	F	29:43	9:34
3.	198	3	Clara Reffit	HAYESVILLE	NC	51	F	34:42	11:11

FEMALE 5K AGE GROUP: 60 - 69 ** NONE **

FEMALE 5K AGE GROUP: 70 - 99 ** NONE **